

# Week of 9/28 - 10/2

## Unit 1 Week 5

### Story

*Move It!*

### Genre

Nonfiction

### Story

"Using Diagrams"

### Genre

Nonfiction

### Story

*Move and Grin!*

### Genre

Nonfiction

## Essential Question

How does your body move?

## Comprehension Strategy

ask and answer questions

## Comprehension Skill

key details

## Writing Traits

organization

## Grammar

writing sentences

## Structural Analysis

possessives

## Mechanics

capitalization and punctuation

## SPELLING/ PHONICS

r- and s-  
blends

spill

spin

grab

grass

drop

drip

hop

lot

two

move

## Oral Vocabulary

exercise- activities you do with your body to stay healthy and become stronger

physical- about the body

agree- have to same idea about something

difficult- hard to do or full of problems

exhausted- very, very tired

## High Frequency Words

jump, move, run, two



Name: \_\_\_\_\_

## Spelling Posttest

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

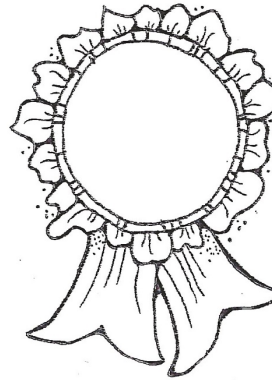
6. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_

9. \_\_\_\_\_

10. \_\_\_\_\_

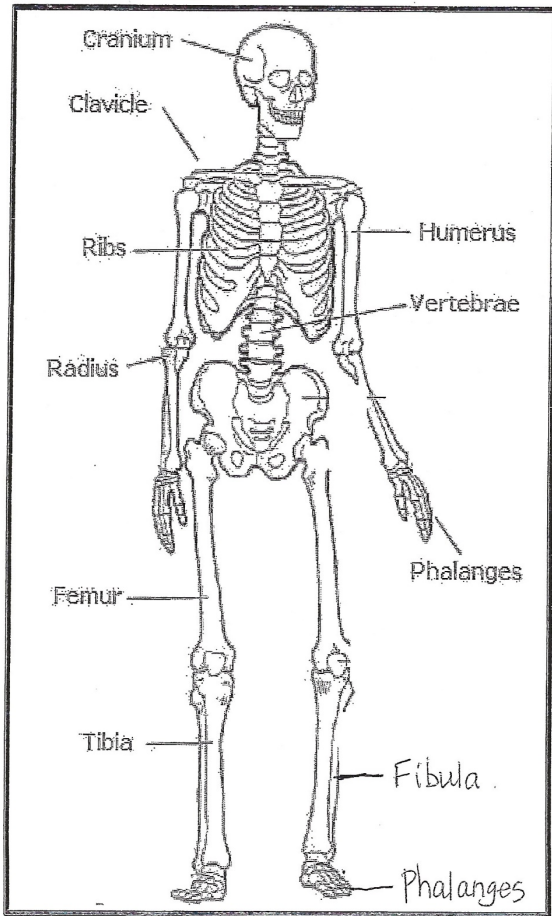


Read “Skeletal System”, “My Skeleton”, and “About Your Bones” and then have students answer questions 1-6 in their packets (teacher can read test and answers). Send a picture of answers through class Dojo.

# Skeletal System

Every single person has a skeleton made up of many bones. An adult has 206 of them! These bones give your body structure, let you move in many ways, protect your internal organs, and more.

Here is a diagram of your skeleton!



# My Skeleton

My skeleton is the framework for all my body. It is like the strong boards that make a framework for a house.

My skeleton is made up of bones. My bones are hard and they do not weigh very much. When I was a baby, my bones were soft. Now, as I am getting older, my bones are getting harder and harder. My bones grow as I grow. I have 206 bones, and many of them will grow this year!

My bones give my body its shape. If I did not have my bones, I would bend like rubber!

My bones are joined together at places called joints. My joints are made strong by tough tissues called ligaments. My joints are lined with something called cartilage. My cartilage acts like a pad that keeps my bones from crashing into each other. My joints let me move my bones. (My knee lets my leg bend!)

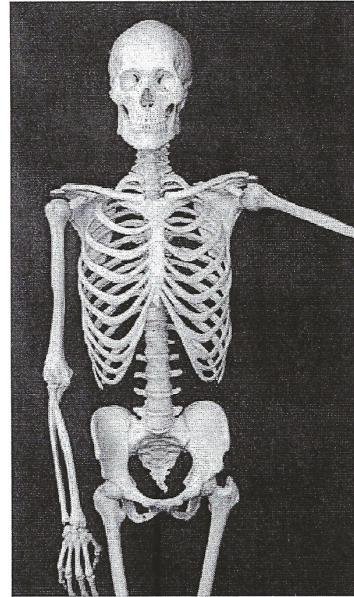
My body also makes brand new cells inside some of my bones.

My bones protect organs inside my body, too. My skull protects my fragile, soft brain. If I touch my chest, I can feel my ribs. My ribs are the bones that cover my heart and lungs and protect them.

My skeleton does many things for me.

## About Your Bones

by ReadWorks



You have a set of bones in your body. It is called a skeleton. Your skeleton holds up your body.

Your skeleton gives your body its shape. You have bones in your arms and legs. You have bones in your knees. The bones around your chest are called ribs. You even have bones in your fingers!

Doctors say to take care of your bones. Be sure to exercise and drink lots of milk.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**1.** What is a skeleton?

- A. your skull
- B. the set of bones in your body
- C. a Halloween decoration

**2.** This passage describes your bones. How do bones help your body?

- A. They make food for your body.
- B. They help your brain think.
- C. They hold up your body and give it shape.

**3.** The end of the passage suggests that you "exercise and drink lots of milk." What does this information tell us about bones?

- A. Bones are strong and can hold up your body.
- B. If you don't exercise and drink milk, your bones will break.
- C. You take care of your bones by exercising and drinking lots of milk.



4. What is "About Your Bones" mainly about?

- A. bones
- B. staying healthy
- C. doctors

5. Where do you have bones in your body?

---

---

---

---

---

---

---

---

6. What did you learn from "About Your Bones"?

---

---

---

---

---

---

---

---



Essential Question

How does your body move?

Read about the fun ways kids can move.



Go Digital!

Read Together

# Move It!

How can kids **move**?

We can move in lots of ways.  
We use our bodies to help us.



I can **run**.  
I have strong legs.  
They help me go fast.

legs





I can **jump**.  
I pick up my feet.  
I will land on the grass.

feet



I can catch.  
I use **two** hands.  
I can grab the ball.


hands



I can swim.  
I pull with my arms.  
I kick with my feet.



I can spin this hoop.  
I move my hips fast.  
This helps it stay up.



I can do fun tricks.  
There are lots of ways to move!  
What can you do?

## Respond to the Text

1. Use detail from the selection to summarize. **SUMMARIZE**
2. Use the words **first**, **next**, **then**, **last** to describe the steps needed to make one of the motions. **WRITE**
3. What else do your arms help you to do? **TEXT TO WORLD**



Name \_\_\_\_\_

**Algebra • Add 3 Numbers**

Essential Question How can you add three addends?



Operations and Algebraic Thinking—1.OA.3 Also 1.OA.6

**MATHEMATICAL PRACTICES**

MP.3

**Listen and Draw**



Use to model the problem.  
Draw to show your work.

\_\_\_\_\_ birds

**Math Talk** **Mathematical Practices**

Which two addends did you add first? **Explain.**

© Houghton Mifflin Harcourt Publishing Company



**FOR THE TEACHER** • Read the following problem. Kelly sees 7 birds. Bruno sees 2 birds. Joe sees 3 birds. How many birds do they see?

## Model and Draw

$$2 + 3 + 1 = \underline{\quad}$$

You can change which two addends you add first. The sum stays the same.

Add 2 and 3. Then add 1.



$$\underline{5} + \underline{1} = \underline{6}$$

Add 3 and 1. Then add 2.



$$\underline{2} + \underline{4} = \underline{6}$$

## Share and Show



Use to change which two addends you add first. Complete the addition sentences.

1.  $5 + 2 + 3 = \underline{\quad}$



$$\underline{\quad} + \underline{\quad} = \underline{\quad}$$



$$\underline{\quad} + \underline{\quad} = \underline{\quad}$$

2.  $3 + 4 + 6 = \underline{\quad}$



$$\underline{\quad} + \underline{\quad} = \underline{\quad}$$



$$\underline{\quad} + \underline{\quad} = \underline{\quad}$$

Name \_\_\_\_\_

**On Your Own****MATHEMATICAL PRACTICE 6** Compare Models

Look at the   . Complete the addition sentences showing two ways to find the sum.

3.  $7 + 3 + 1 = \underline{\quad}$



$$\underline{\quad} + \underline{\quad} = \underline{\quad}$$



$$\underline{\quad} + \underline{\quad} = \underline{\quad}$$

4.  $3 + 6 + 3 = \underline{\quad}$



$$\underline{\quad} + \underline{\quad} = \underline{\quad}$$



$$\underline{\quad} + \underline{\quad} = \underline{\quad}$$




**GO DEEPER** Solve both ways.

5.  $2 + 3 + 7 = \underline{\quad}$

$$\underline{\quad} + \underline{\quad} = \underline{\quad}$$

$$2 + 3 + 7 = \underline{\quad}$$

$$\underline{\quad} + \underline{\quad} = \underline{\quad}$$

6. **THINK SMARTER** I used    to model 3 addends. Use my model. Write the 3 addends.



My Model



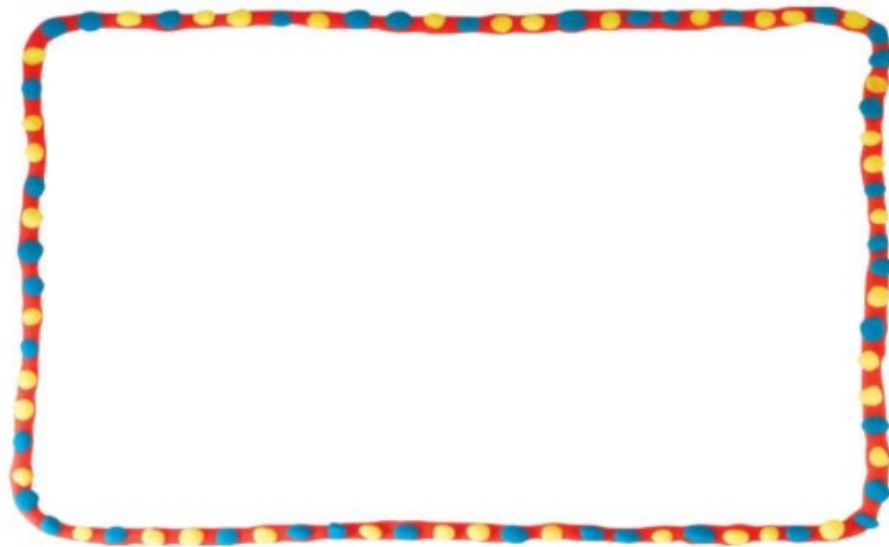
$$\underline{\quad} + \underline{\quad} + \underline{\quad} = 7$$

**Problem Solving • Applications**

**WRITE** Math



7. **THINK SMARTER** Choose three numbers from 1 to 6. Write the numbers in an addition sentence. Show two ways to find the sum.



8. **THINK SMARTER** Write each addition sentence in the box that shows the sum.

$2 + 2 + 8$     $5 + 3 + 5$     $6 + 0 + 6$     $4 + 4 + 5$

12	13



**TAKE HOME ACTIVITY** • Have your child draw to show two ways to add the numbers 2, 4, and 6.

**FOR MORE PRACTICE:**  
Standards Practice Book

© Houghton Mifflin Harcourt Publishing Company