

Weekly Concept **My Team**



Essential Question

Who helps you?



Go Digital!



My Helpers



Talk About It

How does
this girl get
help from
her coach?



Genre Nonfiction



Essential Question

Who helps you?

Read about the people in your community who help you and the different ways they help.



Go Digital!



All Kinds of Helpers





Every day, people help us in many ways. To help means to give what is needed and useful. It also means to make things better. So helpers are the people who give us what we need and who make our lives better.

Who are some of the people who help us?



Families can be helpers. The people in a family **love** and **accept** us. They also help us in many ways.

A family can include a **mother** and a **father**. This boy also has a big **brother**. His brother **often** helps him with his homework. His mother and father help him learn about the world.





Teachers help you in many ways. In school, a teacher helps you learn how to read and write. A teacher teaches you such subjects as math and social studies. A teacher helps you understand new ideas.

Sports coaches are helpers, too. The baseball coach in this **picture** is teaching his team how to hold the ball. He talks to them and shows them what to do. Who taught you how to play a sport?



Doctors and nurses help keep you healthy. You visit the doctor for a checkup or when you feel sick.

The girl in this picture feels awful because she caught a bad cold! But the doctor will help her get better.





Do you walk or take a bus to school?
Either way, people help you get back
and forth safely.

Other helpers keep you safe, too.
Police officers and firefighters are
always protecting you.

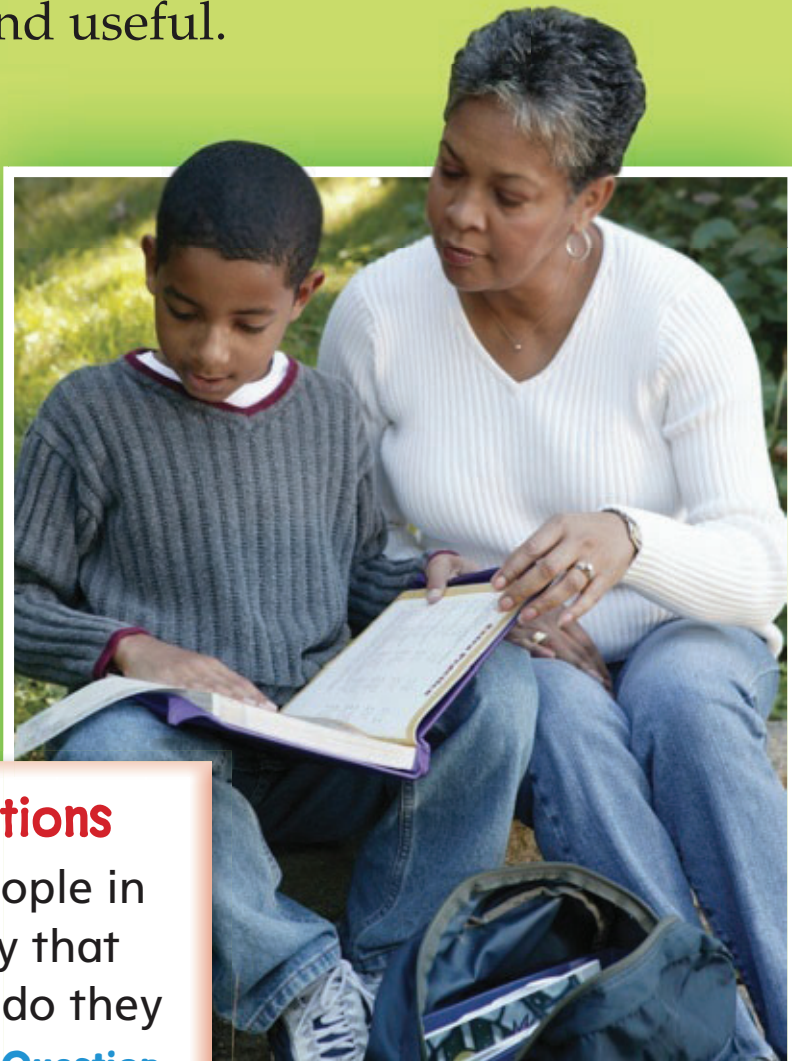
Some boys and girls need a grownup to talk to. Some groups match boys and girls with a grownup who will be their **friend**. What a good idea!



A special group called **Big Brothers Big Sisters** helps some children out.



There are many helpers around you. Families love you, and teachers help you learn. Doctors, nurses, and safety helpers keep you healthy and safe. Special groups help you in special ways. All of them give what is needed and useful.



Make Connections

Who are the people in your community that help you? How do they help? **Essential Question**